## APPENDIX A:

# BC Provincial OBIM and MFM Checklist for Aspirin for preeclampsia prevention

**≥1 high risk :**
- ❑ History of preeclampsia, especially with adverse outcome
- ❑ Multi fetal gestation
- ❑ Chronic hypertension or MAP ≥ 90
- ❑ Pre gestational type 1 or 2 diabetes
- ❑ Kidney disease
- ❑ Autoimmune disease (systemic lupus erythematous, antiphospholipid syndrome)

**≥2 moderate risk factors:**
- ❑ Nulliparity
- ❑ Maternal age >35
- ❑ BMI >30
- ❑ In vitro conception
- ❑ Family history of preeclampsia (mother or sister)
- ❑ lower income/social vulnerability‡
- ❑ Personal history factors (LBW or SGA, previous adverse pregnancy outcome, >10-year pregnancy interval

**≥1 abnormal maternal serum analyte**
- ❑ PAPP-A ≤ 0.15 MoM
- ❑ uE3 ≤ 0.40 MoM
- ❑ AFP ≥ 2.5 MoM
- ❑ hCG ≥ 4.0 MoM
- ❑ Inhibin A ≥ 3.0 MoM

- ✓ Recommend starting ASA 81-162mg qhs at 11-16 weeks GA
- ✓ Start Calcium 1g/d if daily intake is <600mg/d
- ✓ Check for Eligibility for BCW Placental Risk Assessment / regional MFM clinic

Davidson KW et al. JAMA. 2021 Sep;326(12):1186-91.