

Dear colleagues,

We are writing to inform you that we are currently operating with reduced physician capacity at Abbotsford Maternity Group with concurrent physician maternity leaves, illness and retirements. To protect antenatal delivery services in our community, we will now be seeing patients for first prenatal visit at 18-19 weeks gestation until February of 2026. We will continue to see patients *without* gp providers at 12 weeks gestation.

We encourage you to send your referral following dating ultrasound confirmation of a viable pregnancy along with:

- Dating ultrasound (recommended at EGA 11-14w)
- Routine PN labs
- SIPS part 1 & 2
- Detailed ultrasound (if completed)

If you have a high-risk patient (see below) please refer to an OB provider:

- Twin gestation
- Type 1 diabetes
- Essential hypertension
- History of preterm birth < 34 weeks

Patients with a history of prior pre-eclampsia or risk factors listed below should be advised to start aspirin (81 mg daily) at EGA 11-16 weeks

**Figure 1. BC Provincial OBIM and MFM Checklist for low dose ASA for preeclampsia prevention<sup>c</sup>**

